

Person-Centered Planning & Practices

A Person-Centered Arizona, Sonoran UCEDD – resource website, includes “Person-Centered Planning: Pathways to Your Future – A toolkit for anyone interested in Person-Centered Planning” available in English and Spanish

<http://person-centeredaz.org>

PACER Center is a parent organization located in Minnesota but provides services nationwide. It is an organization of parents with children with disabilities for parents with children with disabilities.

<http://www.pacer.org>

Parent Brief, Person Centered Planning: a Tool for Transition

<http://www.ncset.org/publications/viewdesc.asp?id=1431>

Person Centered Planning Education Site, Cornell University, School of Industrial Relations, Employment and Disability Institute

<http://www.ilr.cornell.edu/edi/pcp>

Inclusion Press offers Person-Centered Planning and resource materials in addition to other media, workshops and events regarding inclusion

<http://www.inclusion.com>

The Learning Community for Person Centered Planning

<http://www.learningcommunity.us>

Person Centered Practices: Actions that Reflect Values

<http://personcenteredpractices.org>

Friends: Connecting People with Disabilities and Community Members – "how-to" strategies for supporting relationships between people with disabilities and other community members

http://rtc.umn.edu/docs/Friends_Connecting_people_with_disabilities_and_community_members.pdf

Additional activity worksheets: http://rtc.umn.edu/docs/Friends_Activity_worksheets.pdf

CMS Final Rule for Home and Community-Based Services

The Rule as Published in the Federal Register

<https://www.federalregister.gov/articles/2014/01/16/2014-00487/medicaid-program-state-plan-home-and-community-based-services-5-year-period-for-waivers-provider>

Issue Brief – CMS Final Rule on HCBS Settings and Other Requirements

http://www.aucd.org/docs/policy/HCBS%20Waiver/HCBS_Settings_Regulation_Issue_Brief.pdf

Slides from CMS webinar on the final rule

<http://medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Support/Home-and-Community-Based-Services/Downloads/Final-Rule-Slides-01292014.pdf>

Slides from CMS/ODEP webinar on implications for non-residential settings

<http://www.leadcenter.org/webinars/implications-hcbs-final-rule-non-residential-settings-impact-new-hcbs-guidance-employment-day-services>

PCP and Transition Related Resources

For more information and access to CMS fact sheets and Transition Plan Toolkit regarding final Home and Community-Based Services regulations, visit: <http://www.medicaid.gov/HCBS>

Guidance to HHS Agencies for Implementing Principles of Section 2402(a) of the Affordable Care Act: Standards for Person-Centered Planning and Self-Direction in Home and Community-Based Services (HCBS) Programs
http://www.acl.gov/NewsRoom/blog/2014/2014_07_09.aspx

HCBS Advocacy is website to help advocates get involved in their states and improve the implementation of the new Medicaid rule regarding the settings of HCBS – official CMS resources, national advocacy resources, and information on steps each state is making to comply with the new rule
<http://hcbadvocacy.org>

Transition (General)

Arizona Department of Education
<http://www.azed.gov/special-education/special-projects/secondary-transition>

National Collaborative on Workforce & Disability for Youth: links to resources on topics such as assessment, disability disclosure, education, employment, entrepreneurship, learning disabilities, transition and many more
<http://www.ncwd-youth.info/topic>
Youth Development & Leadership (includes "Youth in Action!" Tip Sheets for Young People)
<http://www.ncwd-youth.info/youth-development>

Childhood meets adulthood: high school, job center, community center, hangout, government center, health clinic, and apartment.
<http://www.youthhood.org>

Transition to Adulthood Resource Manual (includes checklists for general and health transition)
<http://www.chop.edu/export/download/pdfs/articles/lend-pdf-transition-manual.pdf>

Nemours' Transition of Care Video Series (includes legal/financial, residential, vocational, medical self-management) to help patients, families and caregivers understand the many important issues they face prior to and during this period of transition
<http://www.nemours.org/about/mediaroom/press/dv/transition-videos.html>

Youth on the Move: A Roadmap for Transition
<http://www.youth-move.org>

Youth Transition Toolkit (California – helpful for young people in other states)
<http://www.tknlyouth.info/index.html>

National Center on Secondary Education and Transition
www.ncset.org

Transition Coalition
<http://transitioncoalition.org>

Year of College and Career for Youth with Disabilities: features news and resources for youth with disabilities, their families, and the educators and employment professionals who support them
<http://www2.ed.gov/about/inits/ed/ycc/index.html>

PCP and Transition Related Resources

Transition to Adulthood Guidelines for Individuals with Autism Spectrum Disorders

http://www.ocali.org/project/transition_to_adulthood_guidelines

A Collaborative Interagency, Interdisciplinary Approach to Transition from Adolescence to Adulthood

<http://bit.ly/16V11BJ>

Legal Options Manual for Families, Consumers and Caregivers When an Individual with Developmental Disabilities Reaches Age 18

<http://acdl.com/New%20PDF%20Files/LegalOptionsManual2012%20Eng.pdf>

Manual de Opciones Legales: <http://acdl.com/New%20PDF%20Files/LegalOptionsManualSpan2012.pdf>

Employment (General)

GCJ LearnFree.org: Career tutorials include topics such as resume writing, cover letters, job applications, interviewing skills, Microsoft Word, job search and networking, career planning and salary, and workplace basics

<http://www.gcflernfree.org/career>

Federal government website for comprehensive information on employment and disability

<https://www.disability.gov/employment>

Disability Employment PSAs and Toolkits, includes videos and discussion guides

"I Can" Toolkit: <http://www.whatcanyoudocampaign.org/blog/index.php/i-can-toolkit>

"Because" Toolkit: <http://www.whatcanyoudocampaign.org/blog/index.php/because-toolkit>

Job TIPS: Tools to explore career interests and resources to help obtain and maintain employment with emphasis on developing soft skills

<http://www.do2learn.com/JobTIPS/index.html>

Real People, Real Jobs: website highlights the employment successes of people with intellectual and developmental disabilities who are working in paid jobs in their communities – includes transition specific experiences

<http://realworkstories.org>

Employment Accommodations

Jan – Job Accommodation Network: the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues

<http://askjan.org>

Online Training Modules of Job Accommodations for People with Disabilities

<http://cappublic.uat2.keymind.com/NewsEvents/Training.aspx>

Employment Exploration

Arizona Career Information System: career information and assessment tools for students in Arizona (contact your school for registration)

<https://azcis.intocareers.org>

PCP and Transition Related Resources

Bureau of Labor & Statistics: What Do You Like? Links to Occupational Outlook Handbook

<http://www.bls.gov/k12/index.htm>

Learn about careers: tasks, tools & technology, knowledge, skills, abilities, work activities, job zone, education, interests, work styles, work values, related occupations, wage and employment trends

<http://www.onetonline.org>

Also see CareerShip for middle & high school students:

<http://www.mappingyourfuture.org/planyourcareer/careership>

Learn about different jobs – includes videos and links to websites with detailed information on specific professions

<http://kids.usa.gov/teens-home/jobs>

Employment Networking

Jobseekers – Get Resources: Connect with employers who are hiring or hosting internships

<http://www.thinkbeyondthelabel.com/Job-Board/GetAJob.aspx>

CareerOneStop – has a variety of online tools to help individuals search for employment or access new skills from training providers in their local communities

<http://www.careeronestop.org>

Employment Rights & Safety

Youth@Work: Equal Employment Opportunity Commission's website for young people to learn about rights in the workplace

<http://www.eeoc.gov/youth//index.html>

Occupational Safety & Health Administration (OSHA) website to educate young people on their rights for a safe workplace

<http://www.osha.gov/youngworkers/index.html>

Disability Discrimination – learn about your rights through the Americans with Disabilities Act (ADA) in the work place and related resources as well as the "Questions and Answers" series

<http://www.eeoc.gov/laws/types/disability.cfm>

Health Care (General)

Being a Healthy Adult: How to advocate for Your Health and Health Care

<http://rwjms.umdj.edu/boggscenter/products/BeingaHealthyAdultHowtoAdvocateforYourHealthandHealthCare.html>

Healthy Transitions: Moving from Pediatric to Adult Health Care

<http://healthytransitionsny.org>

National Health Care Transition Center – *Got Transition?* is a national resource for health care professionals, families, youth, and state policy makers focusing on a young adult's transition from pediatric to adult health care

www.gottransition.org

PCP and Transition Related Resources

Health Care Transitions, Institute for Child Health Policy, University of Florida - "When You're 18 - A Health Care Transition Guide for Young Adults" is available in English and Spanish

<http://hctransitions.ichp.ufl.edu>

Office for Children with Special Health Care Needs, Arizona Department of Health Services, Bureau of Women's and Children's Health

<http://azdhs.gov/phs/owch/ocshcn>

Healthy Transitions: A Pathway to Employment for Youth with Chronic Health Conditions and other Disabilities (report)

<http://www.dol.gov/odep/pdf/2013ODEPHealthyReport.pdf>

Health Care for Adults with Intellectual and Developmental Disabilities (eToolkit)

<http://vkc.mc.vanderbilt.edu/etoolkit>

Health Care (Services)

Sonoran UCEDD Medical Home for Youth and Adults with DD at UMC South Campus Family Medicine Clinic

<http://sonoranucedd.fcm.arizona.edu/medical-home-youth-and-adults-dd>

Phoenix Children's Adolescent Clinic provides both medical care and social services as the patient transitions from pediatric to adult care

<http://www.phoenixchildrens.com/medical-specialties/general-pediatrics>